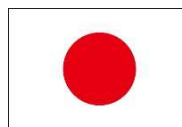




2018



The 17th Norway Friendship Yacht Race
Dinghy Division
OP Class (Optimist Class)
SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2017-2020.
- 1.2 If there is a conflict between languages, the English text will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board of the Regatta Office located in the Room A1 on the first floor of Enoshima Yacht House.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races on DAY2 will be posted by 1800 on DAY1.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole on the 2nd floor of Yacht House.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 Flag D with one sound means 'The warning signal will be made not less than 30 minutes after flag D is displayed.' Boats shall not to leave the harbor until this signal is made.

5. SCHEDULE OF RACES

5.1 Schedules of races

DAY 1: April 21st (Sat.)

0730 - 0830	Boat carrying into the harbor
0800 - 0830	Registration (Meeting Room A1)
0845 - 0900	Opening ceremony (ditto)
0955	Warning signal for Race 1 of OP-A class
1000	Warning signal for Race 1 of OP-B class
The Race 2 to be continued after completion of the Race 1	

DAY 2: April 22nd (Sun)

0925 Warning signal for the first race of the day: OP-A class

0930 Warning signal for the first race of the day: OP-B class

The race 2 will be continued after completion of the first race of DAY2

No warning signal will be made after 1300.

1500 Prize giving and Party (Yacht House 2F)

5.2 The number of the races in this regatta: 6

5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6. CLASS FLAGS

Class flags will be:

Class	Flag
OP-A (middle level, advanced level)	OP logo mark + white flag with black A
OP-B (beginner level)	OP logo mark + red flag with black B

7. RACING AREAS

The racing area will be B1 area off Shichirigahama beach in the racing area diagram.

8. THE COURSES

8.1 The diagram in Attachment 1 shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.

8.3 Course will be Starting – Mark 1 – Mark 2 – Mark 3 (3S/3P) – Finishing

9. MARKS

9.1 Mark 1, 2, 3S and 3P will be orange cylindrical buoys.

9.2 The starting marks will be a race committee signal vessel at the starboard end displaying a Norway national flag, and a buoy displaying an orange flag at the port end.

9.3 The finishing marks will be a race committee vessel at the starboard end displaying a blue flag, and a buoy at the port end displaying an orange flag.

10. THE START

10.1 The starting line will be between staffs displaying orange flags on the starting marks.

10.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]

10.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

10.4 The RRS 30 (Starting Penalties) will not apply to the starting of OP-B.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee may move the finishing line.

12. THE FINISH

The finishing line will be between staffs displaying orange flags on the finishing marks.

This will not apply if RRS 32.2 apply.

13. PENALTY SYSTEM

Although Appendix P will apply as special procedures for RRS 42, RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

14. TIME LIMITS

Boats failing to finish within 15 minutes after the first boat of each class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

15.1 A boat intending to protest for other boat shall hail "Protest" at first reasonable opportunity and she shall inform her intention of protest to the other boat and the committee from the starboard side of the finish boat. And she shall not make any contact with crew of supporting boat until she informs her intention to the race committee. This changes RRS61.1(a).

15.2 Protest forms are available at the Regatta Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.3 For all classes, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

15.4 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located at the race office.

15.5 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).

15.6 A list of boats that, under SI 13, have been penalized for breaking RRS 42 will be posted.

15.7 Breaches of SI 10.2, 17, 21 and 23 will not be grounds for a protest by a boat. This changes RRS 60.1(a).

16. SCORING

16.1 At least 1 race is required to be completed to constitute this regatta.

16.2 (a) When fewer than 4 races have been completed, a boat's score will be the total of her race scores.

- (b) When 4 or more races have been completed, a boat's score will be the total of her race scores excluding her worst score.

17. SAFETY REGULATIONS

- 17.1 Check-in and check-out system apply. A competitor shall sign by himself/herself on the check-in form prepared in the Race Office from 60 minutes to 20 minutes before a warning signal, and immediately after returning to the harbour. Competitors not complying with this instruction shall receive a penalty of five points for every race of the day without a hearing. The scoring abbreviation for this penalty imposed under this instruction will be PFP. This changes RRS 63.1.
- 17.2 A boat that retires from a race shall notify the race committee as soon as possible.
- 17.3 A competitor shall wear personal floating devices at any time afloat, except briefly while changing or adjusting clothing or personal equipment. This changes RRS40.
- 17.4 A competitor who requires assistance should open hand and wave one arm.
- 17.5 The race committee and protest committee reserve the right to assist a competitor regardless of the wishes of the competitor.
- 17.6 When flags N/H, N/A, AP/H or AP/A is displayed at the race committee vessel, boats shall return to the harbor immediately, and shall sign on the check-out form following SI 17.1.

18. REPLACEMENT OF EQUIPMENT [DP]

Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. INSPECTION AND MEASUREMENT

- 19.1 A boat or equipment may be inspected by a member of the race committee or the technical committee at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a member of the race committee or the technical committee to proceed immediately to a designated area for inspection.
- 19.2 SI 19.1 will not apply for OP-B class.

20. OFFICIAL BOATS

- 20.1 The mark of official boat of race committee will be a yellow flag.
- 20.2 The mark of official boat of protest committee will be a white flag with **[PROTEST]** in black ink.

21. SUPPORT BOATS [DP]

- 21.1 Support boats shall be marked with pink flag provided by Race Committee.
- 21.2 Team leaders, coaches and other support persons shall follow the instructions as follows:
- OP-B boats are to be supported at all time, however it shall not be an obstacle for OP-A boats.
 - Displaying a green flag on a race committee vessel means [every support boat shall enter into the racing area and rescue OP boats.].

- Not displaying a green flag on a race committee boat means [support boats shall stay outside area more than 100m away from the racing area, except support boats supporting OP-B boats during the time from preparatory signal for the first start group through the time all boats finish or retire or race committee makes a signal of postpone, general recall or abandonment.]

22. TRASH DISPOSAL [DP]

Trash may be placed aboard support or race committee boats.

23. RADIO COMMUNICATION [DP]

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

GPS device usage for race study will be permitted the race committee if application was made in advance.

During the race a competitor shall neither operate the GPS nor read the data on the GPS display.

24. PRIZES

The prizes will be awarded as follows:

- 1) Norwegian Ambassador's Cup (Viking Ship in turn): the winner of OP-A Overall
- 2) Shonan Nagisa Park Cup: the winner of OP-A Overall
- 3) Prizes will be presented for 1st ~6th place:
(OP-A Overall, OP-A Junior School Student and OP-B)
- 4) Superior competitors of OP-A Overall will be nominated to be eligible for 2018 OP All Japan Championship Regatta.

25. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority and/or any party, person involved in this organization will accept no liability whatever for any personal material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26. INSURANCE

Every competitor and supporting group shall be insured with valid sport liability.

Attachment 1: Course diagram for OP classes

